

## Breakfast Items

Add a coffee or hot chocolate to any hot breakfast for £2.50

**Grilled Sausages** (364kcal) £5.90  
served on a brioche bun

**'This isn't pork' Meat-Free Sausages** (224kcal) £5.00  
served on a brioche bun

**Back Bacon** (494kcal) £5.90  
served on a brioche bun

**Ham & Emmental Croissant** (304kcal) £5.90

**Kimcheese Croissant** (732kcal) £6.50  
cheese and kimchi croissant

**Shakshuka Bowl & Toasted Sourdough** (383kcal) £8.00  
with sumac yoghurt

**Chilli Non-Carne Bowl & Potato Hash** (433kcal) £8.00  
with sliced avocado and pico de gallo salsa

**Harwell Eggs Benedict** (480kcal) £10.00  
served with crispy bacon, sriracha hollandaise & toasted croissant

**Harwell Eggs Royale** (363kcal) £10.00  
served with chalkstream trout, sriracha hollandaise & toasted croissant

## Morning Menu

Served daily 08.30 – 11.00am

 Suitable for vegetarians

 Plant based

 Gluten-free

## Yoghurts & Birchers

**Coconut, Mango & Turmeric Yoghurt Bircher** (344kcal) £3.00

**Pecan, Date & Coffee Grind Granola Yoghurt Pot** (426kcal) £3.50

**Raspberry Cranachan Overnight Oats with Chia Seeds** (213kcal) £3.50

**Seasonal Fruit Pot** (77kcal) £3.50

## Smoothies

All smoothies £4.90 each

**Replenish Smoothie** (104kcal) £4.90  
pineapple, apple, spinach and kale

**Vitalise Smoothie** (81kcal) £4.90  
pineapple, mango, papaya and ginger

**Energise Smoothie** (109kcal) £4.90  
strawberry, blueberry, raspberry and banana