# Breakfast Items

# Yoghurts & Birchers

Add a coffee or hot chocolate to any hot breakfast for £2.50

Grilled Sausages (364kcal) \$5.90 served on a brioche bun

'This isn't pork' Meat-Free \$5.00 Sausages (224kcal) 

©

served on a brioche bun

Back Bacon (494kcal) \$5.90 served on a brioche bun

Ham & Emmental Croissant (304kcal) £5.90

Kimcheese Croissant (732kcal) 6.50 cheese and kimchi croissant

Shakshuka Bowl & £8.00 Toasted Sourdough (383kcal) 😿 🕥

with sumac yoghurt

Chilli Non-Carne Bowl & \$8.00 Potato Hash (433kcal) @ @

with sliced avocado and pico de gallo salsa

Harwell Eggs Benedict (480kcal) \$10.00

served with cripsy bacon, sriracha hollandaise & toasted croissant

Harwell Eggs Royale (363kcal)

served with chalkstream trout , sriracha hollandaise & toasted croissant

Coconut, Mango & Turmeric £3.00 Yoghurt Bircher (344kcal)

Pecan, Date & Coffee Grind \$3.50 Granola Yoghurt Pot (426kcal)

Raspberry Cranachan Overnight £3.50 Oats with Chia Seeds (213kcal) 😿 🎯

Seasonal Fruit Pot (77kcal) Seasonal Fruit Pot (77kcal)

### **Smoothies**

#### All smoothies £4.90 each

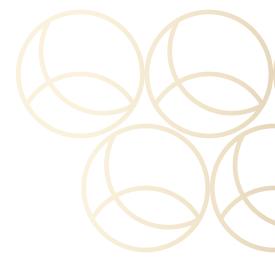
Replenish Smoothie (104kcal)

pineapple, apple, spinach and kale

Vitalise Smoothie (81kcal)

pineapple, mango, papaya and ginger

Energise Smoothie (109kcal) strawberry, blueberry, raspberry and banana



# Morning Menu

Served daily 08.30 - 11.00am

Suitable for vegetarians

Plant based

£10.00

